

# **Eleven Sacred Phrases**

for

**Healing, Rejuvenation, Longevity and Immortality**

**Dr. and Master Zhi Gang Sha**

**Tao Sheng Yi**

**Tian Yi Zhen Shui**

**Jin Jin Yu Ye**

**Yan Ru Dan Tian**

**Shen Qi Jing He Yi**

**Tian Di Ren He Yi**

**Jin Dan Lian Chang**

**Bai Bing Xiao Chu**

**Yu Fang Bai Bing**

**Fan Lao Huan Tong**

**Chang Shou Yong Sheng**